

**When:** 9 am Saturday, Sept. 25, 2010

**Where:** Stephens Lake Park

2001 E. Broadway, Columbia, MO

**Entry Fee:**

\$20 – Postmarked by Sept. 18, 2010

\$25 – After Sept. 18, 2010

Children 12 & under run for free!

FREE T-shirt and Bandana to all race participants. Register by Sept. 15 to guarantee a shirt. Join Columbia Second Chance for the 7th annual Paws in the Park 5K run/walk. Bring your four-legged friends and plan to stay for a day of fun for the whole family!

**Return Completed Form with Payment to:**

Postal Annex

1400 Forum Blvd Suite 38 #545

Columbia, MO 65203

(Or drop forms with payment to Tryathletics, 1605 Chapel Hill Rd., Columbia, MO 65203)

**Run Packets:**

May be picked up at Tryathletics from 5:00-7:00 pm on Friday, Sept. 24.

Participants may also pick up packets on the day of the race from 8:00-8:45 AM at Stephens Lake Park.

**Awards:**

An awards ceremony will be held at Stephens Lake Park following the race.

Awards will be presented to the first place finishers in each of the following categories:

Male & Female Runner (with a dog)

Male & Female Runner (without a dog)

Male & Female Walker



[www.pawsinparkmo.com](http://www.pawsinparkmo.com)

Paws in the Park



# 5K Run/Walk



**Columbia Second Chance**  
seeking first-class homes for second-hand pets

**ONLINE REGISTRATION IS ALSO AVAILABLE AT [WWW.PAWSINPARKMO.COM](http://WWW.PAWSINPARKMO.COM)**

**PAYMENT MUST ACCOMPANY APPLICATION**

Return Completed Form with Payment to:  
Postal Annex  
1400 Forum Blvd Suite 38 #545  
Columbia, MO 65203

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **ST:** \_\_\_\_ **ZIP:** \_\_\_\_\_

**PHONE #:** \_\_\_\_\_ **EMAIL:** \_\_\_\_\_

**register by sept. 18 - \$20  
after sept. 18 - \$25**

CHECK HERE IF YOU DO NOT WANT TO RECEIVE EVENT UPDATES & REPORTS FROM OFF TRACK EVENTS

**T-SHIRT SIZE: ADULT: S M L XL XXL YOUTH: S M L (CIRCLE ONE)**

**I AM A: WALKER / RUNNER (CIRCLE ONE) GENDER: \_\_\_\_\_ AGE ON RACE DAY: \_\_\_\_\_**

**WILL YOU RUN/WALK WITH A DOG? YES NO (CIRCLE ONE)**

**DOG'S NAME (IF APPLICABLE):** \_\_\_\_\_

**\$ \_\_\_\_\_ REGISTRATION FEE (\$20 FOR REGISTRATIONS POSTMARKED BY SEPT. 18, \$25 AFTER)**

**\$ \_\_\_\_\_ ADDITIONAL TAX-DEDUCTIBLE DONATION TO COLUMBIA SECOND CHANCE (OPTIONAL)**

**\$ \_\_\_\_\_ TOTAL PAYMENT ENCLOSED (MAKE CHECKS PAYABLE TO COLUMBIA SECOND CHANCE)**

Waiver of Responsibility: In consideration of Columbia Second Chance permitting me to participate in the Paws in the Park activities, for myself, my heirs, personal representatives, and assigns, I hereby waive, release, and discharge any and all rights and claims which I may hereafter accrue to me or which I may assert against Columbia Second Chance, and event sponsors, their officers, directors, employees, agents, successors, and assigns, for personal injury or property damage which I may suffer or sustain as a result of my participation in any Paws in the Park activities, and I hereby assume all risks of any such injury or damage. I certify that my pet and I are physically fit to participate in any event for which I may enter. I further grant permission to the use of photographs of me and my animal in media accounts and promotions of the Paws in the Park event and Columbia Second Chance. A waiver must be signed to participate in Paws in the Park activities.

**SIGNATURE** \_\_\_\_\_ **DATE:** \_\_\_\_\_

*Participants under the age of 18 must have parent's signature.*

**PARENT SIGNATURE** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**Questions? Call Columbia Second Chance at (573) 445-5598 or visit [www.pawsinparkmo.com](http://www.pawsinparkmo.com)**

